

**STUDENT NAME** \_\_\_\_\_**ESSENTIAL FUNCTIONS/TECHNICAL STANDARDS FOR NURSING STUDENTS**

Essential Functions/Technical Standards include non-academic criteria essential to successfully complete the required nursing coursework. It is essential that students possess and maintain the following functional requirements with or without reasonable accommodations.

In accordance with law and Cayuga Community College policy, no qualified individual with a disability shall, on the basis of that disability, be excluded from participation in the program. Cayuga Community College will provide reasonable accommodations to a qualified individual with a disability. It is the responsibility of the applicant or student to request the accommodations that are needed to perform the behaviors listed below. Contact the Office of Accessibility Resources and the Director of Nursing if you think you may need an accommodation for a disability.

**\*\*\*\*This needs to be reviewed and signed by your health care provider yearly. \*\*\*\***

<b>Criteria</b>	<b>Examples of relevant activities include but are not limited to:</b>
<b>Cognitive</b> abilities sufficient for clinical judgment	<ul style="list-style-type: none"> <li>•Identify cause-effect relationships in clinical situations.</li> <li>•Process information accurately and thoroughly to prioritize tasks.</li> <li>•Develop nursing care plans that accurately reflect patient concerns.</li> <li>•Make decisions reflecting classroom learning in the clinical sites.</li> <li>•Perform mathematical calculations accurately for medication preparation.</li> <li>•Maintain concentration and focus in professional care settings.</li> </ul>
<b>Interpersonal</b> abilities sufficient to interact with individuals, families, groups.	<ul style="list-style-type: none"> <li>•Establish rapport with patients and health care team members.</li> <li>•Respond in a professional and therapeutic manner to a variety of patient expressions and behaviors.</li> </ul>
<b>Communicate</b> effectively in English with others in oral and written form in order to plan and deliver safe care.	<ul style="list-style-type: none"> <li>•Use oral and written communication skills sufficiently for interaction with others.</li> <li>•Read, understand, write and speak English to effectively interact with others.</li> <li>•Document patient responses accurately and honestly.</li> </ul>
<b>Emotional health</b> required for full use of intellectual abilities, the exercise of good judgment, and the prompt and safe completion of responsibilities.	<ul style="list-style-type: none"> <li>•Adapt to changes and display flexibility</li> <li>•Demonstrate professional abilities of trust-worthiness, empathy, integrity</li> <li>•Learn to function in the environment of uncertainties and stressful situations</li> </ul>
<b>*HCP must review below &amp; sign:</b>	
<b>Ambulation</b> abilities sufficient to maintain a center of gravity when met with an opposing force as in lifting, supporting, and/or transferring a patient.	<ul style="list-style-type: none"> <li>•Function effectively for 8 – 10 hours.</li> <li>•Propel wheelchairs and stretchers.</li> <li>•Lift 35 pounds.</li> <li>•Move and lift patients in and out of bed, wheelchair and stretcher.</li> <li>•Assist with transfer and ambulation of patients.</li> </ul>
<b>Motor abilities</b> sufficient to provide safe and effective nursing care.	<ul style="list-style-type: none"> <li>•Reach, manipulate and operate equipment, instruments and supplies e.g. syringes, sterile equipment, monitors.</li> <li>•Perform electronic documentation.</li> <li>•Lift, carry, push, pull and position patients.</li> <li>•Perform CPR.</li> </ul>
<b>Auditory</b> ability sufficient to monitor and assess health needs.	<ul style="list-style-type: none"> <li>•Hear alarms, emergency signals, cries for help, ringing telephone.</li> <li>•Use stethoscope to hear B/P, heart, breath, and bowel sounds.</li> </ul>
<b>Visual</b> ability sufficient for observation, assessment, and performance of safe nursing care.	<ul style="list-style-type: none"> <li>•Observe patient responses; evaluate for a safe environment.</li> <li>•Discriminate color changes.</li> <li>•Accurately read measurements on equipment.</li> <li>•Read small font (6 font) words and characters</li> <li>•Read medication label and syringe accurately.</li> </ul>
<b>Tactile</b> ability sufficient for physical assessment of size, shape, temperature and texture.	<ul style="list-style-type: none"> <li>•Perform palpation e.g. pulse.</li> <li>•Perform functions of physical examination.</li> <li>•Discriminate subtle differences between sharp/dull and hot/cold</li> </ul>

I have read and understand the functional abilities required of a nursing student. I understand that if I require accommodations to meet any of the essential functions it is my responsibility to contact the Office of Accessibility Resources.

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Student Signature\_\_\_\_\_  
Date\_\_\_\_\_  
Health Care Provider Signature\_\_\_\_\_  
Date